2019

SUN PRAIRIE PIRANHAS QUICK REFERENCE GUIDE



Outdoor Practice Schedule -June 13 - July 26

Monday - Friday

Please visit our <u>practice schedule</u> page for the list of times for your age group.

The Weather is Bad - are we practicing?

Coach Konrad will try to send an email. If in doubt, call the Sun Prairie Parks, Rec. and Forestry Program Cancellation Line at **825-0950**, **option 2**.

Swimmer Folders

Each swimmer has a folder behind the lifeguard desk at the FAC. Pins and ribbons are put in folders the week after each meet. Other key info is distributed there as well. Check them regularly.

Please visit our <u>pre-season practice schedule</u> page for dates and time.

Meet Information

Sat.	June 8	Home Meet vs. Mt. Horeb
Sat.	June 15	Away Meet @ Wisconsin Dells
Sat.	June 22	Home Meet vs. Cross Plains
Sat.	June 29	Away Meet @ Baraboo
Sat.	July 6	Home Meet vs. Mazomanie
Sat.	July 13	Away Meet @ Sauk Prairie
Sat.	July 20	Away Meet @ Spring Green
Sat.	July 23	Invitational Meet in Mt. Horeb
Sat.	July 27-28	Conference in Wisconsin Dells**

Directions to away meets are on the team website.

* Bus transportation TO meets available for swimmers - families must bring swimmers home.

**Swimmers must qualify to attend Conference meet; to be eligible for Conference, swimmers must attend a minimum of 3 meets.

Key Contact Info.

Head Coach

headcoach@sunprairiepiranhas.com
Presidents

president@sunprairiepiranhas.com

Volunteer Coordinators

volunteer@sunprairiepiranhas.com

Social Events

Sunday, June 2 | Pre-Season Social | 5:00-7:00 pm at Orfan Park Friday, June 28 | Team Photos | FAC (only during morning practice) Sunday, July 21 | Spaghetti Dinner | 5:30 pm Dinner at SPHS (all invited, even if not attending Conference)

Sunday, July 21 | Family Relays | 7:00-8:30 pm at SPHS pool Monday, July 29 | End of Season Banquet | 5:30-9:30 pm at SPHS

FAQ's

When do I sign up for swim meets? Swimmers must declare whether or not they are participating in a meet 9 days before the meet (Thursday of the prior week for a Saturday meet). Event entries will be released the following Monday and all changes made by Wednesday.

How do I declare my status for swim meets? On the website, look in the lower-right-hand corner of the home screen for the "Events" box. Click the "Swim Meets" tab and click the "Attend this Event" button. Select swimmer's name and declare either "Yes" or "No."

What events will I swim? Each swimmer can swim up to 4 events. You may select two

individual events you want to participate in when you declare your status. Coaches will do their best to honor these requests, but will place swimmers based on availability and need.

What should I bring to a swim meet? Visit "For the Parents" on the top banner of the website for ideas of what you will need at a swim meet.

How is a swim meet scored? The last heat of each event is the "Points Heat." Points are awarded to each team based on their swimmers' finishing positions in that heat. All other heats are "Exhibition Heats" and do not count for team points.

Will there be ribbons? Pins? Swimmers are awarded a Piranhas Pin for every personal best time. Ribbons are given for: 1st-6th place in individual point-scoring heats 1st-3rd place in relay point-scoring heats 1st-3rd place in individual exhibition heats

Do I need to volunteer at meets? Each family is required to volunteer at AND bring a concessions item to every *home* meet in which their swimmer participates.

All pools are 25 meters with these exceptions.

(Approximate formulas convert times to compare to a 25 meter pool.)

Baraboo	24 yards, 1 foot	Time x 1.1
Baraboo Indoor	25 yards	Time x 1.116
Mt. Horeb	35 yards	Time x .75
Wisconsin Dells	22.5 yards	Time x 1.32
Sun Prairie HS	25 yards	Time x 1.116